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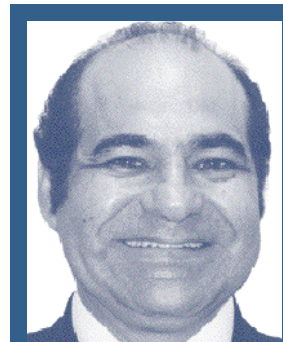
MCH Continues to Add Medical Staff

Six New Doctors Join MCH Practices!

Adding high-quality medical staff and expanding services are two of the major on-going priorities at Monadnock Community Hospital. This can be challenging because the recruitment process can take up to six months with all candidates going through extensive screening. Over the last several months, MCH has added six new doctors in the areas of internal medicine, general surgery and psychiatry/psychology.

Joining **Peterborough Internal Medicine** and **Monadnock Internists**, are **Drs. Neeraj Vasishtha** and **Anu Diddee**, respectively. These talented husband and wife internists previously practiced medicine in Harper, Kansas. Dr. Vasishtha is Board Certified in Internal, Pulmonary and Critical Care medicine. He was a Resident in Internal Medicine at Northshore University Hospital in Forest Hills, NY. Dr. Vasishtha completed a Fellowship in Pulmonary and Critical Care Medicine at New York Medical College in Valhalla College in Valhalla, NY.

Dr. Diddee spent her Residency in Internal Medicine at Albert Einstein College of Medicine in Bronx, New York. She has been a Board Certified Internal Medicine physician since 1999 and is certified in Advanced Cardiac Life Support as well as Advanced Trauma Life Support. She received the "Best Ambulatory



Dr. Edwin Menor
of Monadnock
Surgical
Associates

Resident Award" in 1999.

"We selected Peterborough because we wanted to live in a small New England town to practice medicine and raise our two daughters (Isha, age 4 and Ishita, age 2)," commented Dr. Diddee. "Back in January when we visited MCH and Peterborough, we both agreed that the hospital and town seemed like the right fit. The staff and patients at the hospital have been very gracious and welcoming."

Another factor for both doctors deciding to move to New England from Kansas was to be closer to family. Dr. Diddee has family in the Boston area and Connecticut, and Dr. Vasishtha has a brother in New York.

Like Drs. Vasishtha and Diddee, **Dr. Edwin Menor** decided to leave his surgical practice in Florida to join **Monadnock Surgical Associates** to be closer to his family located in the Boston area and his wife's family in Winchester, NH. Dr. Menor is a native of Peru and came to the U.S. with his family when he was twenty. He attended undergraduate school at the University of Massachusetts and

graduated from Creighton University School of Medicine in Nebraska. Dr. Menor did his Residency in the Trauma Unit at Mt. Sinai Medical Center in New York. In Florida he was associated with Palm Beach Surgical Associates in Lake Worth and The



Dr. Anu Diddee, Monadnock Internists
and Dr. Neeraj Vasishtha, Peterborough
Internal Medicine

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MCH's Eleventh Annual Fall Foliage Golf Tournament

On September 7, 144 golfers teed off at the annual tournament at Crothed Mountain Golf Resort in Frankestown. Approximately \$50,000 will benefit the children of the Monadnock Region through the Monadnock Healthy Teeth program.

The Hutter Construction Team was the first-place winner, second was American Steel, and third was Orr & Reno. Longest drive prizes were won by Rob Hannings and Mindy Reid; closest to the pin prizes were won by Steve Shaw and Mindy Reid. The putting contest was won by Malcolm McDonald.

The tournament sponsor was Hutter Construction Corporation; other major sponsors were Ocean National Bank, American Steel, Bass Farm, and Sodexo. Bronze sponsors were Eastern Quad, Granite State Plumbing & Heating, Lavallee-Brensinger Architects, Lincoln Financial Group, Media Solutions Incorporated, Monadnock Paper Mills, Orr & Reno, RBC Wealth Management, TD Banknorth, and Workplace Benefit Solutions.

We are grateful for all the sponsors, players, donors of raffle items, and especially the volunteers who made it all come together: Lindsey Arent, Frank Carrara, Nancy Clarke, Eileen Crowe, Pam Delahanty, Jim Dodge, Alana Dolloff, Phyllis Ferry, Laura Gingras, Patti Hance, Rick Hance, Tom Humphrey, Sadie Jackson, Terry Kilvert, Michelle Klint, Mike Flynn, Carrie Martel, Andy Macdonald, Phil McFarland, David McMahon, Dan Nolan, Robin Nolan, and Meredith White. Volunteers Tom Humphrey, Dave McMahon, and Dan Nolan have prepared the course for all eleven tournaments!



MCH Event Staff: Meredith White, Patti Hance, Audrey White, Nancy Clarke, Andy Macdonald, Terry Kilvert, Phyllis Ferry and Robin Nolan.



The Big Winners! The Hutter Construction Team, left to right: Mark Damon, Kell Traffie, Dave Salo and Al Traffie.

Opportunity Is Knocking: Your IRA Is the Key

If you're looking for the most tax-effective gift to make to a charitable organization, your individual retirement account (IRA) may very well be the best choice.

The Pension Protection Act of 2006 presents a new giving opportunity. The law allows individuals aged 70½ or older to make gifts now to qualified charitable organizations like ours using funds transferred directly from their IRAs. Furthermore, you will not have to pay taxes on the amounts transferred. You can transfer any amount you desire up to \$100,000 on or before Dec. 31, 2007.

Your Benefits

The transfer counts toward your minimum required distribution as long as you have not yet received your 2007 distribution.

The transfer generates neither taxable

income nor a tax deduction, so you will receive the benefit even if you do not itemize your tax deductions.

You can witness the difference your philanthropic dollars make to MCH.

How the New Law Works

Sandy, aged 73, has \$150,000 in an IRA. She made a pledge to give us \$15,000 this year. She had the choice of giving cash or other assets to fulfill the pledge, but now she has another option. If she transfers \$15,000 to us from her IRA on or before December 31, 2007, she avoids paying income tax on \$15,000. She will not, however, be able to use it as a charitable deduction—it is a pure wash. The Pension Protection Act gives her an easy and convenient way

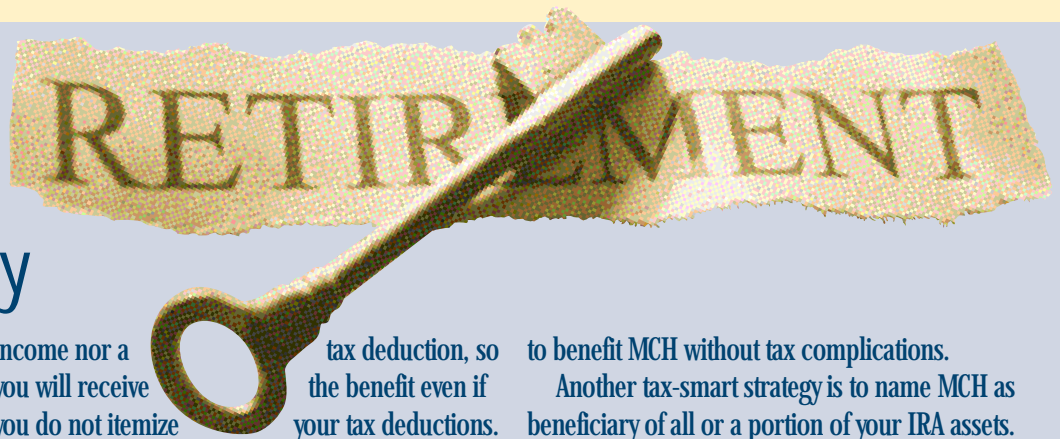
to benefit MCH without tax complications.

Another tax-smart strategy is to name MCH as beneficiary of all or a portion of your IRA assets. By naming us as beneficiary of your IRA, you can leave us a gift that is free of all income and estate taxes because we are a charitable organization.

If you would like assistance in completing a gift from your IRA, please contact Laura A. Gingras, CPA at 603-924-4666 or Laura.Gingras@mchmail.org ■

"I had more than I needed in my IRA and by making a gift to MCH this way, I avoided all taxes. MCH gives me quality of life, and I wanted to give something back to the hospital."

— George Morrison, 91 years old



Behind the Board



Maryann Harper may be relatively new to MCH's Board of Trustees, but she's not new to the world of business, community service, and the Hospital.

Bill and Maryann Harper moved to Rindge in the early 80's from Pennsylvania and started West Rindge Builders (WRB) in 1981. They built a home and for the first ten years, built residential homes in the area. Today the company works out of their newly renovated headquarters in Jaffrey and is focused on commercial buildings and historic renovations. Their work includes projects at Franklin Pierce University, and renovations to the Peterborough and Greenfield libraries, Little Roy's, and the Union Congregational Church in Peterborough.

Maryann is president of WRB and is responsible for insurance, financial and legal matters, and keeping track of work-in-progress. Bill handles the sales and marketing, estimating, and proposals. The company has 13 employees and typically employs one or two students during the summer months. Last year they started a concrete cutting business.

This busy businesswoman is also a strong believer in giving back to the community. She was a Rindge selectman for several years and on the planning board for seven years. She is also a former member of the Rindge Chamber of Commerce Board of Directors.

When Peter Gosline first approached Maryann in the summer of 2005 about the possibility of joining MCH's Board of Trustees, she declined.

Continued on Page 6

On the Horizon

Dear Friends,

As we head into Fall, perhaps the most beautiful season New Hampshire has to offer, I am grateful when I think of all we've accomplished this year.

Progress on the Connector Road continues with a round-about under consideration to ease traffic flow. Preparation for the road will begin this Winter and, hopefully, the entire project completed by the end of 2008.

The recruitment of new physicians continues and has met with success. We are fortunate to have these providers on our medical staff as they will increase much needed access within our primary service area.

Once again our June Gala, held in partnership with Crotched Mountain Foundation, was a splendid evening with capacity attendance – the food, music and companionship were par excellence and MCH is fortunate to be a part of this special event. Thank you to Don Shumway, CEO of Crotched Mountain Foundation, and all who made this evening such a success with continued support of our Monadnock Healthy Teeth program.

Herb Nilson's lovely home, Bass Farm, was the site for our July Donor and Volunteer reception. It is such a wonderful way to say "thank you" to those who do so much by sharing their time, talents and resources in the continued support of our Hospital.

The 11th Annual MCH Fall Foliage Golf Classic took place on September 7th, a beautiful, hot day which certainly was a fitting end to a wonderful summer. Audrey White, Tournament Director, organized this important event, which raised a record \$50,000 to benefit the Monadnock Healthy Teeth program.

It is hard to believe that I have been at MCH for almost 10 years. My colleagues and co-workers continue to inspire me as they continue to strive for excellence in all we do. The continued strong support of the community would not be possible without the attention given to our patients, clients and customers by our employees, volunteers, and medical staff. You provide the caring and inspiration that have come to be the essence of what is so important to those who select MCH for their health care. Thank you for all you do!

Sincerely,

Peter L. Gosline, President and CEO



MCH/CM Gala

Supporters of both MCH and Crooked Mountain enjoyed this year's Gala, the sixth year that the two organizations have organized this elegant event together. Proceeds benefitted the Crooked Mountain School and Monadnock Healthy Teeth.



Dr. Lara and Rich Scheinblum, Emily and Dr. Jamie Hurley, Dr. Greg and Tina Kriebel



Cyndy (Trustee) and Don Burgess



Connie and Peter Gosline



Muriel and Don Shumway



Cheri (Trustee) and Stan Fry



Dr. Theodore and Linda Renna, Walter and Dorothy Peterson, and Bob (President of the Board of Trustees) and Mindy Condon

Bass Farm Reception

Herb Nilson and Bass Farm hosted our annual volunteer and contributor recognition reception in Antrim on July 23; a lovely time was had by all in spite of rainy skies.



Herb Nilson, Laura Gingras and Peter Gosline



Lee Kennison and Dorothy Peterson



Susanne Culbertson, Bob Taft and Audrey Carvalho



Al and Rolande Roy, Mary Lou and Bob Weathers

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 Walter Peterson
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 Charles J. Seigel, M.D.
 Richard Verney



Thanks a Million!

Laura Gingras,
 Vice President of Philanthropy
 and Community Relations

“What do we live for, if it is not to make life less difficult for each other?” This quote by George Eliot is one of my favorites. Said another way, “We live to make life easier for each other.” I see this quote in action all around me every day. Our vibrant volunteers at MCH are in action 7 days a week to make life easier for patients, families, and our staff. Our Trustees and Board Committees give many hours to leadership that guides everything we do at MCH. Our doctors, nurses and medical professionals have dedicated their lives to making life easier for others. The hundreds of employees in the support staff areas are all working to exceed the expectations of our patients and their families.

The philanthropic spirit of our contributors is one of the best examples of the quote. Your gifts have a direct impact on making life less difficult for thousands of people who come through our doors each year. Your gifts support our maternity service, which brings over 300 new babies into the world each year. Your gifts support the care and healing that takes place in every medical office and department. Your gifts support the care given at the hospital through all stages of life.

Mr. Parmelee gave his home and estate in 1919 to be our first community hospital and by doing so, he made life easier for his neighbors and friends. He believed in helping the community he loved. So many have followed in Mr. Parmelee’s footsteps by giving generously to MCH and including the hospital in estate planning. Every gift counts and **every gift makes a difference**. If you have named MCH in your will, please let us know so that we can count you as a member of our Parmelee Society. We do not ask for details or that you disclose the size of your gift. Your good word is all that we ask for. Our Parmelee Society list in this newsletter gets longer with every issue!

We are honored to be your choice for health care services, and we are grateful for your financial investment in our future. Please call if we can assist you in any way. I can be reached directly at 603-924-4666 or email Laura.Gingras@mchmail.org

Thank you for your support!



THE ROBERT M. PARMELEE SOCIETY recognizes people who have included MCH in their will or estate planning. You automatically qualify for membership, no matter what the size of the gift. For more information, call Laura Gingras at 924-4666.

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If you would like to have an issue sent to a friend, or have an interesting article or an idea for a story, please call Laura Gingras, CPA, Vice President of Philanthropy and Community Relations, at 603-924-4666 or e-mail her at Laura.Gingras@mchmail.org

Please visit our website at www.monadnockhospital.org

“While I was honored that Peter asked me, I had just become Treasurer of the Cathedral of the Pines Foundation which at the time was a big commitment,” said Harper. “I wanted to devote all of my energies to this important organization.” According to Jed Brummer, Chairman of the Cathedral of the Pines Board of Trustees, “There wasn’t anybody other than Maryann who could have come into this organization and completely turned around our investment strategy and taken care of all financial aspects at the same time. She’s a strong, intelligent individual and one of the most respected residents in Rindge.”

When Peter asked again a year later she was ready and joined the Board of Trustees in January of 2007. “One of the main reasons that I made the decision to join the Board is that Peter is a fantastic leader,” says Harper. “When you meet him, you want to be on his team—you want to work with him.”

Like many people in the community, Maryann and Bill have their own personal story about the high level of personalized care at MCH. In June

of 2003 one of their foremen was seriously injured on the job. While using a nail gun, he accidentally fired the nail into a piece of metal and the nail ricocheted back into his eye below his eye protection. While a co-worker drove the foreman to MCH, Bill called the ED on his way to MCH to alert the medical staff they were coming in. As they entered the ED, Dr. Renna was right there and after examination, removed the nail. Dr. Renna made some calls to locate a group of eye specialists, and the patient was immediately transferred to Mass Eye and Ear where a team was waiting for him. “Thanks to Dr. Renna’s swift and careful attention, our foreman returned to work after his surgery with his vision restored and is still a WRB team member,” says Harper.

“It’s a very long learning curve, but everybody on the Board has been extremely helpful,” said Harper. And after attending some Trustee training and committee meetings, such as patient safety, she explains that her level of comfort has only increased as she hears more about the hospital and sees personally how the hospital staff is dedicated to quality health care.

Six New Doctors Continued from Page 1

Surgical Group in Rockledge.

When Dr. Menor and his wife decided they wanted to return to New England, he interviewed with many hospitals in northern New England, but he and his wife were impressed with the beauty of the Monadnock region and the MCH staff and facility. “Another deciding factor to practice surgery at MCH is that the hospital is equipped, much like a larger hospital, to perform many types of general surgery including advanced laparoscopic procedures which is one of my specialties,” said Dr. Menor. He and his wife, Karen, who is a Physician Assistant, live in Hancock.

Over the last year **Monadnock Behavioral Health Services**, located in The Bond Wellness Center, has expanded its outpatient mental health services to treat patients of all ages, including children and adolescents. As a result of this expansion, the practice has added three new mental health doctors. A Board Certified psychiatrist, **Theresa Cadorette, M.D.**, comes to MCH from a private practice in Hampton, NH. Previous to that she was on the staff at the Portsmouth Pavillion in Portsmouth, NH, and York Psychiatric Associates located in York, ME. She received her M.D. from the University of Texas Health Science Center Medical

“I feel privileged to work with the medical staff here at MCH. We have had a strong physician practice for over 15 years, and the addition of these new providers ensures that we will continue to be a strong group moving into the future.”

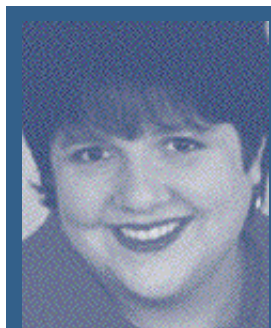
*Sarah Taylor,
Senior V.P. of Operations*

School and did her Internship and Residency at the University of Texas Southwestern Medical Center in Dallas. Dr. Cadorette treats individuals 18 or over for a wide variety of mental disorders.

Betty Lewicke, Ph.D. is a psychologist on the staff who for the last seven years did neuropsychological testing and counselling at Crotched Mountain Rehabilitation Center. Dr. Lewicke worked as a school psychologist at Crotched Mountain and later worked in the Brain Injury Center and Outpatient Services. She earned her Master’s and Doctoral degrees at the University of Connecticut and has worked at rehabilitation and mental health centers in Massachusetts and New Hampshire.

Doreen Cawley, ND (Nursing Doctorate) recently joined MBHS after working seven years at Broad Street Counseling in Nashua, a private outpatient practice, providing psycho pharmacotherapy and therapy for children and adults. She was also Assistant Professor of Nursing at Rivier College’s Graduate School of Nursing. She earned her Nursing Doctorate from Case Western Reserve University.

“MCH is fortunate to have added these six new highly-qualified doctors in the areas of internal medicine, surgery and behavioral health,” says Peter Gosline, CEO. “Many of our practices at MCH are expanding to be able to offer quality medical care close to home. We have a wide range of primary care physicians and specialists who work collaboratively to expertly meet the growing needs of our patient population here in the Monadnock region.”



Dr. Theresa Cadorette of Monadnock Behavioral Health Services



Betty Lewicke, Ph.D. of Monadnock Behavioral Health Services



Doreen Cawley, N.D. (Nursing Doctorate) of Monadnock Behavioral Health Services