

Pulse

The Heartbeat of Monadnock Community Hospital

Fall 2007

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 **Monadnock
Community Hospital**
Care comes first

Monadnock Surgical Associates... *General Surgeons Offer Advanced Techniques*

An operation, no matter how routine, can be extremely stressful for both the patient and the family. Nobody understands this better than the surgical team at Monadnock Surgical Associates. This four-year old general surgery practice

In addition to in-patient surgeries, the team performs between eight to ten in-office procedures per week, such as cyst removals, "lumps and bumps" treatments, and skin lesion procedures.

More and more, both surgeons are performing advanced laparoscopic

practice a "kick-start" going from 8 to 10 patients per day to now seeing 20 patients on a clinic day. We are an extremely cohesive team and all have the same focus, which is to offer the highest quality surgery experience and to put the patient at ease. Surgery can



Monadnock Surgical Associates, l to r: Dr. Stephan Coffman, Susan Blanchard, Office Assistant, Kathi Kendall, M.A., Barbara Schnabel, R.N., and Dr. Edwin Menor. Missing from photo: Carol Olesen, Office Manager.

prides itself in its compassion for their patients, taking the time to educate patients face-to-face about their surgical options, preparation for surgery, recovery, and rehabilitation after surgery.

Located in the Medical Arts Building, the practice is currently staffed by two general surgeons: Dr. Stephan Coffman who joined in June '06 and Dr. Edwin Menor who came on board this past summer. The remaining team members are Barbara Schnabel, R.N., Kathi Kendall, M.A. (will be receiving her R.N. in May '08 from N.H. Community Technical College), Carol Olesen, Office Manager, and Susan Blanchard, Office Assistant.

These two general surgeons specialize in surgery of the entire body, not including heart, brain and eye surgeries. Some of the more common general surgeries at MCH include colon operations, appendectomies, lumpectomies, mastectomies, lymph node biopsies, hernia repairs, gall bladder surgeries, colonoscopies and upper endoscopies.

procedures which are less invasive and help the patient heal more quickly with less pain. "One of the reasons I decided to join Monadnock Surgical Associates is that the hospital is well equipped for laparoscopic surgery," said Dr. Menor. "Many of the laparoscopic procedures

be very intense and we all try to be extremely compassionate."

Typically most surgery procedures come as referrals from doctors affiliated with MCH, but in some cases referrals are made by Keene and Milford doctors. If a specialty surgery is required, often

"The surgery went very well and follow-up was excellent. I've never been treated by a doctor who is so caring and focused on a quality outcome."

—William Homeyer, Stoddard

that we perform are done at much larger hospitals."

According to Kathi Kendall who has been affiliated with the practice since the beginning, "The department is excited about having two general surgeons who are committed not only to building the practice, but also are committed to the Monadnock Region. Dr. Coffman has definitely given the

patients are referred to Dartmouth Hitchcock in Lebanon or Cheshire Medical Center in Keene.

General surgeries are performed on Monday, Wednesday and Friday with Dr. Coffman performing colonoscopies and endoscopies on Wednesday.

On the days that the doctors are in surgery, the administrative staff is busy

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MCH Continues to Add Medical Staff

Six New Doctors Join MCH Practices

Adding high-quality medical staff and expanding services is one of the major on-going priorities at Monadnock Community Hospital. Over the last several months, MCH has added six new doctors in the areas of internal medicine, general surgery, and psychiatry/psychology.

Joining **Peterborough Internal Medicine** and **Monadnock Internists**, are **Drs. Neeraj Vasishtha** and **Anu Diddee**, respectively. These talented husband



Neeraj Vasishtha, M.D.

and wife internists previously practiced medicine in Harper, Kansas. Dr. Vasishtha is Board Certified in Internal, Pulmonary and Critical Care medicine. He was a Resident in Internal Medicine at Northshore University Hospital in Forest Hills, NY. Dr. Vasishtha completed a Fellowship in Pulmonary and Critical Care Medicine at New York Medical College in Valhalla College in Valhalla, NY.



Anu Diddee, M.D.

Dr. Diddee spent her Residency in Internal Medicine at Albert Einstein College of Medicine in Bronx, New York. She has been a Board Certified Internal Medicine physician since 1999 and is certified in Advanced Cardiac Life Support as well as Advanced Trauma Life Support. She received the "Best Ambulatory Resident Award" in 1999.

Dr. **Edwin Menor** decided to leave his surgical practice in Florida to join **Monadnock Surgical**



Edwin Menor, M.D.

Associates to be closer to his family located in the Boston area and his wife's family in Winchester, NH. Dr. Menor is a native of Peru and came to the U.S. with his family when he was twenty. He attended undergraduate school at the University of Massachusetts and graduated from Creighton University School of Medicine in Nebraska. Dr. Menor did his Residency in the Trauma Unit at Mt. Sinai Medical Center in New York. In Florida he was associated with Palm Beach Surgical Associates in Lake Worth and The Surgical Group in Rockledge.

Over the last year **Monadnock Behavioral Health Services**, located in The Bond Wellness Center, has expanded its outpatient mental health services to treat



Theresa Cadorette, M.D.

patients of all ages, including children and adolescents. As a result of this expansion, the practice has added three new mental health doctors. A Board Certified psychiatrist, **Theresa Cadorette, M.D.**, comes to MCH from a private practice in Hampton, NH. Previous to that she was on the staff at the Portsmouth Pavillion in Portsmouth, NH, and York Psychiatric Associates located in York, ME. She received her M.D. from the University of Texas Health Science Center Medical School and did her Internship and Residency at the University of Texas Southwestern medical Center in Dallas. Dr. Cadorette treats individuals 18 or over for a wide variety of mental disorders.

Bette Lewicke, Ph.D. is a psychologist on the staff who for the last seven years did neuropsychological testing and counselling at Crotched Mountain Rehabilitation Center. Dr. Lewicke worked as a school psychologist at Crotched Mountain and later worked in the Brain Injury Center and Outpatient Services. She earned her Master's and



Bette Lewicke, Ph.D.

Doctoral degrees at the University of Connecticut and has worked at rehabilitation and mental health centers in Massachusetts and New Hampshire.

Doreen Cawley, ND (Nursing Doctorate) recently joined MBHS after working seven years at Broad Street Counseling in Nashua, a private outpatient



Doreen Cawley, N.D.

practice, providing psycho pharmacotherapy and therapy for children and adults. She was also Assistant Professor of Nursing at Rivier College's Graduate School of Nursing. She earned her Nursing Doctorate from Case Western Reserve University.

"MCH is fortunate to have added these six new highly-qualified doctors in the areas of internal medicine, surgery and behavioral health," says Peter Gosline, CEO. "Many of our practices at MCH are expanding to be able to offer quality medical care close to home. We have a wide range of primary care physicians and specialists who work collaboratively to expertly meet the growing needs of our patient population here in the Monadnock region."

Start! Walking Today

Liz Peltokangas, *Exercise Physiologist, Cardiac Rehab, ACSM Health Fitness Instructor Certified*

Start! Walking is offered to all employees to help individuals initiate a more active lifestyle. It is a program through the American Heart Association that offers motivational tools and tactics to help people with their fitness goals. Walking is the primary focus for Start! because it is inexpensive, convenient, and individuals of all levels can participate. However, any type of activity will do such as biking, swimming, rowing, dancing, etc. When people do what they like, they are more apt to stay with a routine. The key with aerobic activity is to increase one's heart rate from rest and keep it there over a period of time. The benefits are numerous. Preventable illnesses make up 70% of illness costs in the United States (<http://preventdisease.com>), and physical inactivity doubles the risk of heart disease (World Heart Federation Fact-Sheet 2002). The Physical Activity Guidelines from the American College of Sports Medicine state: everyone should participate in physical exercise a minimum of 4-5 days per week.

Many people will take the time and spend money to perform preventative maintenance in order to keep their possessions running longer or better. Individuals with animals will take the time to go for a walk to keep their pets healthy; what about your health? If individuals put half of that energy into themselves they would be repaid twofold: more energy during the day, and feeling/functioning better overall... that is only the tip of the iceberg.

The cost of a gym membership ranges from \$30-60 a month (Employees at MCH are reimbursed, their already discounted rate, if they work out at the Wellness Center 10 times a month; time spent at the gym (or other activity like walking outside) 4 days a week for 30 min = 2 hrs a week; the benefits: Priceless. And walking is free! You only have to find the time, and 2 hours a week isn't a lot when you think about what you will get in return.

So Start! is here, it's free, and many of your co-workers have already joined to make the commitment to increase their daily activity. The Start! program kicked off in April 2007. We have 63 employees signed up, which is a record high for businesses across NH. You can join at any time; please email me to be included as a Start! Walker.

Everyone is invited to join the group walks, and encouraged to take a walk during a break. Walking should become part of one's daily activities, like eating or taking medications. The benefits are numerous. Those who are recognized as Start! Walkers are eligible to partake in incentive drawings during the year. We are in the process of starting a method of online tracking for a little friendly competition as well as marking distances for future incentives.

So be a little selfish and take this opportunity to increase your well-being!

Kiosk in Lobby Offers Free Online Services

You may or may not have noticed the new machine near the telephones in the lobby. It looks a bit like an ATM, but the downside is there is no money in there. The upside is that while you can't take cash from it, you can save money and time by using it.

The "it" is The Pulse Network kiosk. If you haven't approached it, we promise it doesn't bite. You will be pleased to learn that you can check your personal e-mail; look at MCH's calendar of events or cafeteria menu; shop online; and so much more. You can get all of this just by signing up for The Pulse Network, which you can do right at the kiosk.

It's free to use the kiosk and free to sign-up. By doing so, you'll be joining a network of healthcare facilities across the U.S. In fact, Portal Access Director, administrators of The Pulse Network, has partnered with the VA medical system, which has 186 facilities across the country.

The Pulse Network allows challenged Human Resource Directors to offer added conveniences and benefits that will improve employee satisfaction. This network also enables us to provide a new advertising channel within healthcare facilities that uses portions of revenues to provide free services to healthcare employees.

For additional information on The Pulse Network or MCH's kiosk, contact human resources or Portal Access Direct at (603) 294-4498 or via e-mail at info@portalaccessdirect.com.



Kerrie Michaud, Nuclear Medicine — participated in the Beyond Nutrition 2000 Natural Body Building Competition in Manhattan on September 22nd. Kerrie placed 2nd in the Lightweight Division and received her Pro Card in the Women's Masters' Division. Kerrie represented The Bond Wellness Center, where her trainer is Anne Mellor.

Peggy Sysyn, Radiology — was married in London on June 28th. Her new husband, Londoner Leo Barrell, hopes to be moving to the U.S. soon.

Melinda George, Radiology — works in Ultrasound and has passed three of her registries, including Physics, Abdomen and OB/GYN.

Gretchen Mathieu, Mammography — was married to Michael Mathieu on May 11. They are expecting a baby in April.

Claudia Cleary-Nichols, RN, Emergency Department — completed the requirements for the Master of Science in Nursing Administration from Norwich University in Northfield, VT.

Paul Quinney and Tania Emerson, Rehabilitation Department — received ergonomics certifications and both have the titles Certified Specialist in Health Ergonomics. Tania also became a certified Bowen Practitioner in the spring.

Lynn Batchelder, ARNP, Occupational Health — recently completed a medical mission to Kenya.

Peter Olsson, MD, Monadnock Behavioral Health Services — his third book, *The Cult of Osama: Psychoanalyzing bin Laden and his Magnetism for Muslim Youths* has recently been published by Praeger/Greenwood Publishers. His first book, *Malignant Pied Pipers of Our Time*, was used as a key resource for a recent History Channel program called *Cults: Dangerous Devotion*. He appeared on the program and was interviewed about people like David Koresh, Rev. Jim Jones and others.

Occupational Health Department — all have been re-certified in Drug & Alcohol testing. Jennifer Hillsgrove, RN, BSN, CCRN, ICU Nursing Council — has recently started the online MSN program in Leadership and Management at Walden University.

Upcoming MCH Events

November 1 — MCH's first annual worksite Wellness Harvest Health Fair/Flu Shot Clinic. Come learn about your health in a fun, interactive environment featuring Fall-themed contests and prizes. We'll be measuring blood pressure and cholesterol, evaluating posture and much more. Conference rooms 1 & 2, 7 - 9 a.m., 11 - 1 p.m.

December 1 — Employee Holiday Party Hidden Hills, Rindge

December 9 — Children's Holiday Party

Off the Cuff by Peter Gosline



Fall, probably New Hampshire's most beautiful season, is here for us to enjoy, but before long crackling fires and the Holiday Season will be upon us.

Town approvals for our new Connector Road hopefully will be finalized before the year is over. A roundabout has been included in the plans to help ease the traffic flow. We anticipate this project to be completed by year end 2008.

In June the sixth annual Gala was held in partnership with Crotched Mountain Foundation; the capacity attendance enjoyed a lovely evening while benefiting the Monadnock Healthy Teeth program. Bass Farm, the beautiful home of Herb Nilson in Antrim, was once again the venue for a reception honoring our Volunteers and Donors who act so generously in their support of our Hospital.

September 7th, dawned clear and bright for the 11th Annual Fall Foliage Golf Classic held at Crotched Mountain Golf Resort. The round of golf followed by dinner and prizes made for a perfect outing. Audrey White, tournament director, worked successfully with a very effective Golf Committee to see that the day ran smoothly. I want to thank the many Volunteers who assisted in making this day a success. A record \$50,000 was raised to benefit a great cause: Monadnock Healthy Teeth.

On September 19th the annual Community Advisory Committee Meeting was held with approximately 100 in attendance. They enjoyed a review of 2007 and a preview of the year ahead for MCH. An active question and answer period followed the presentation.

As we look ahead, Bea Record, Director of the Lab, will be this year's United Way Campaign Coordinator. She will be contacting each one of you regarding the campaign; please consider giving to this most worthwhile endeavor which helps many of our families and friends in the Monadnock Region.

On December 1st, Hidden Hills will be the place to be! Our Hospital Holiday Party will take place at that time and promises to be another hit. The children will be able to celebrate in their way on December 9th. Be sure to put both of these dates on your calendar so that we can get together and share the happiness and joy of the Holiday Season.

Our Hospital would not be the special place it is without each of you giving of your talents and care to each of our patients — thank you!

MCH's Eleventh Annual Fall Foliage Golf Tournament



Golf Tournament volunteers, l to r: Meredith White, Patti Hance, Audrey White, Nancy Clarke, Andy Macdonald, Terry Kilvert, Phyllis Ferry and Robin Nolan.

On September 7th, 144 golfers teed off at MCH's annual tournament at Crotched Mountain Golf Resort in Franconstown. Approximately \$50,000 was raised to benefit the children of the Monadnock Region through the Monadnock Healthy Teeth program. The Hutter Construction Team was the first-place winner; second was American Steel, and third was Orr & Reno. Longest drive prizes were won by Rob Hannings and Mindy Reid; closest to the pin prizes were won by Steve Shaw and Mindy Reid. The putting contest was won by Malcolm McDonald.

MCH Nursing Councils Recognize Excellence in Patient Care

by Jennifer Hillsgrove, RN, BSN, CCRD

Being a nurse in a small community hospital does have its challenges, including recruitment and retention of nurses, limited opportunities for education, and limited recognition for nursing achievements.

At Monadnock Community Hospital, nurses of all levels of practice have collaborated to integrate the concept of participatory management into the organization. MCH is charged with empowering nursing using the shared governance model of participatory management in the form of nursing councils. Shared governance empowers front-line staff; provides opportunities for increased staff visibility and contribution; and fosters collaboration between leaders and staff. Front-line staff nurses join each other to form councils representing each nursing department on a rotating basis.

Every council monitors its respective department's performance in four primary quadrants to achieve a balanced scorecard. Each council appoints a chairperson who is visible to other departments and works closely with other chairs to resolve interdepartmental issues and improve patient care within the organization.

At present nursing councils for most departments at MCH have been established, and are all at varying

stages of development. One component of developing a nursing council is defining a mission, vision and values for the department. Each member commits to these guiding principles and holds each other accountable by them.

Recognition is key in establishing strong relationships between staff and departments within an organization. MCH's nursing councils are currently discussing possible methods of recognizing the councils and have collaborated on a pin concept. The idea is to design a pin to be worn by each council member from each department within the hospital. Each council will choose a gemstone for its pin, reflecting the department's mission, vision and values. The pins will be presented to members during a pinning ceremony with members of the Executive Committee present.

The recognition program at MCH is designed with the ability to build and expand into areas such as a clinical ladder program, ancillary staff recognition, and non-nursing department councils. MCH nurses are a compassionate, energetic, and driven group of individuals who are dedicated to their patients and to each other. It is important to recognize such an extraordinary team of nurses which moves us one step forward on the journey to Magnet recognition.

Caught in the Act

Making a Difference at MCH

Here are just a few of the kind acts that we see happen every day at MCH, where fellow employees go out of their way to help another person or take the extra effort to make MCH a better place to work. If you observe one of your co-workers "Making a Difference," please fill out one of the "Caught in the Act" forms, and we may publish your comments in the next issue of the *Pulse*.

Christine Pillsbury, IT — We had phone problems and Christine called us while she was on vacation. She got us straightened out. Thank you Christine and your team.

Sarah Cournoyer, ED — With every bed full and a one-to-one patient ratio, we started our shift "behind the eight ball." Sarah came over to the ED in a flash to help us out with patient care. Thank you.

Bill Warren, Environmental Services — During the past weeks we have been short-staffed in the men's locker room at the Wellness Center. Bill came forward and did extra hours to help us out. Thank you.

Soibhan Benham, APU — Thank you for recently helping out on a Sunday. She just jumped in and did what needed to be done.

Judy O'Mara, ED — One BIG thanks for coming in on your day off for a few hours to help us get over the hump when the ED was bursting at the seams. We could never have done it without your help. You really made a difference.

Leslie Tapley, Housekeeping — Thanks for helping me steer an unruly stretcher.

David Niemi, ED — Thanks so much for coming in early for your shift to help us out. It made a big difference to everyone working that day. It helped us get through an extremely busy time. Again, thank you... you really made a difference.

Ginny Martin, Cafeteria Cashier — We are MCH patients. My wife lost her sweater and couldn't remember where she left it. Ginny found it and recognized that it was ours and the next time we were in the cafeteria she referred us to security to retrieve it.

Moira Hunt, Radiology — Thanks Moira for helping out in the ER on a very busy day.

Carl Bennett, Environmental Services — This is a bit late, but nonetheless, I have to commend Carl for coming to my rescue. I had spilled a huge cup of water on the floor near Engineering and, without skipping a beat, he retrieved a mop and cleaned up the mess. Couldn't have been nicer. Thanks.

Wellness Now Online! www.mchwellness.com

Check out our newly designed Wellness information online! Looking to jump-start your Fall fitness routine? Check out our up-to-date Class listings, complete with descriptions and dates/times offered. Or perhaps you'd like to introduce a friend or family member to the benefits of membership. You'll find everything you need to get started, now available in easy-to-print formats on our site!

Already a member? Consider complementing your membership with top-notch services such as Personal Training, Massage or our newly-introduced Wellness Coaching. Wherever you are, we'll help you move forward!

Monadnock Surgical Associates, continued from page 1

preparing charts for the upcoming week, as well as scheduling surgeries and post-op visits. "From a business perspective, our goal is to book every OR time slot," says Carol Olesen. She also handles all of the insurance including obtaining pre-certification/prior approval for procedures and giving insurance companies clinical documentation to make sure the procedure will be paid. If a patient doesn't have insurance, she refers patients to Rebecca Stone in the Financial Grant Department to determine grant eligibility.

The surgical team works closely with the Oncology Department, especially with the insertion and removal of porta-cath devices that are implanted in the chest wall of oncology patients in order to deliver medications. They also have a strong working relationship with Monadnock OB/GYN. "This is the best surgical group that I've worked with in my career," says Dr. Fletch Wilson, head of the OB/GYN practice. They have brought many advanced techniques to the surgery practice and have taken the hospital to a whole new level of state-of-the-art general surgery, especially in the area of laparoscopic procedures."

Dr. Frechette recently referred one of his patients, William Homeyer of Stoddard, to Dr. Coffman for a possible hernia repair. "The practice got me in immediately and what really impressed me was the extraordinary amount of time Dr. Coffman spent with me," said Homeyer. "We tried a few things, but decided surgery was needed. The surgery went very well and follow-up was excellent. I've never been treated by a doctor who is so caring and focused on a quality outcome. I didn't feel like a number and wouldn't hesitate to go back again." This is the kind of success story that the MSA general surgeons make possible every day.

New Faces and Changes at MCH

May 2007 through September 2007

NEW FACES	DEPARTMENT	POSITION
Elio Ascani	Environmental Services	Env Svcs Tech
Maryanne Bates	Pharmacy	Pharmacist
Molly Blaine	Monadnock Internists	File Clerk
Sharon Boudreau	Environmental Services	Env Svcs Tech
Amanda Bouley	Monadnock Family Care	Receptionist
Lovina Breen	Peterborough Internal Medicine	Medical Assistant
Teresa Cadorette	Monadnock Behavioral Health	Physician
Amanda Carvill	Medical and Surgical	Lic Nursing Asst
Andrew Chevalier	Aquatics	Aquatics Instructor
Adele de Vera	Monadnock Regional Pediatrics	Physician
Kimberly Deane	Aquatics	Lifeguard
Anu Diddee	Monadnock Internists	Physician
Julie Dinnigan	Member Services	Lead Member Svc Rep
Jennifer Grasset	New Ipswich Family Medicine	Nurse - Medical Pract
Cynthis Healy	Peterborough Internal Medicine	Office Assistant
Violetta Hinkell	Social Services	Crisis Worker
Michael Johnson	Speech Therapy	Speech - Language Path
Pamela Jordan	Accounting	Senior Accountant
Michael Kenney	Env Svcs/Wellness	Locker Rm Attendant
Paula-Jon Killilea	Emergency Department	Unit Coordinator
Bette Lewicke	Monadnock Behavioral Health	Neuropsychologist
Dawn Lorden	Specialty Services	Office Assistant
Rochelle Manuel-Sokol	Accounting	Director Budget & Medicare Reimbursement
Kathleen McAlpine	Monadnock Family Care	File Clerk
Edwin Menor	Mon Surgical Associates	Physician
Sherry Miller	Laboratory Services	Phlebotomist
Jill Nye	Medical Records	Corresp/Def Coord
Brandee Parker	Intensive Care Unit	Registered Nurse
Melanie Presnell	Jaffrey Family Medicine	Nurse Practitioner
Lindsey Ramsey	Radiology	File Clerk
John Ross	Materiel Management	Mail Clerk/Courier
Jennifer Seppala	Monadnock Internists	Medical Assistant
Clayton Stalker Jr.	Security	Security Officer
Barbara Steelman	Medical and Surgical	Unit Coordinator
Bonnie Van Etten	Operating Room	Surgical Technician
Neeraj Vasishtha	Peterborough Internal Medicine	Physician
Nancy Weil	Medical and Surgical	Unit Coordinator
John White	Laboratory Services	Medical Technologist
Kathryn Williams	Aquatics	Lifeguard

DEPT CHANGES	FROM	TO
Kristine Ferguson, Office Assistant	PIM	Anticoag
Barbara Fisher, RN	APU	Wound Clinic
Donna Tatro, LNA	Environmental Serv.	APU
Bonnie Myhaver, Receptionist/Office Asst	Communications	Jaffrey PT
Samantha Walker, RN	ICU	SDS
Beverly Kauer, Registrar	Switchboard	Registration
Kristen Lee, Referral Specialist	Member Services	Rehabilitation
John Ross, Mail Room Clerk/Courier	Security	Materiel Mgmt
Margaret Ross, Nurse Medical Practice	Physician Services	JFM
Barbara Schnabel, Office Nurse	Operating Room	Surgical Assoc.
Donna Straitiff, Patient Acct. Rep	Rehabilitation	Patient Accounts

Comments & Feedback

Since the *Pulse* is written for MCH employees, we value your opinion and would appreciate your comments or suggestions for future issues of the newsletter. Please call or email Nancy Clarke with your feedback at extension 1702 or nancy.clarke@mchmail.org.

Safety Affects All of Us...

Try Slowing Down

Rushing, running around corners, not using safety mirrors, walking on the wrong side of the hallway and entering elevators before the passengers have exited. It's something we do all day long and don't even think about it.

How do we improve our safety for our fellow co-workers and especially our patients? The first thing is to stop rushing. It all starts by giving yourself enough time to get from point A to point B. It's just like commuting to work—leave yourself a little more time to get there.

When entering an elevator, wait for the current occupants to exit.

When approaching a hallway intersection, use the safety mirrors to see if someone is coming. If there isn't a safety mirror, stop, look and listen. Stop, especially if someone is coming with a large cart that is difficult to see around. This is also applicable if you are pushing a cart.

Walk on the right side of the hallway (just like driving). Give yourself enough time to get from one meeting to another. A collision at a hallway intersection can cause an injury.

Safety isn't just for hospital employees, it for our patients as well. These safety tips will help avoid injuring yourself or others.