



2012 - 2013 REPORT TO OUR COMMUNITY

Three-year-old Paxton Lothrop and pediatrician Gregory Kriebel, MD, of Monadnock Regional Pediatrics

Healthy NH

1.72

On the cover: Tim Halliday and his granddaughter Sarah Jackson

## We're listening to YOU.

In many important ways, this past year was a very successful year for MCH, thanks in large part to your support and advocacy. When compared to 1,321 small hospitals nationwide, we ranked among the Top 100 by indicators of quality, satisfaction, and efficiency. These results reflect the fact that now more than ever, Monadnock Community Hospital plays a critical role in meeting the health care needs of our community. Here in New England, MCH was recently ranked 13th from among 176 hospitals in a survey of patient satisfaction. These results represent a tremendous collaborative effort by our team of physicians, employees, volunteers and contributors.

Given the rapidly changing health care environment, we will succeed in the future by continuing to build on our strength today. At MCH, building our core services has been a key factor in our business success for the past 90 years. We realize that delivering outstanding patient care requires having the dedication of an incredible staff, as well as the proper support and technology for them to do their jobs in an excellent fashion. Along with our solid financial foundation, these principles are helping us accomplish our mission: "We are committed to improving the health and well-being of our community."

Thank you for choosing MCH as your health care provider, your place to work, your place to volunteer and your choice of philanthropic support. We are so proud of our team which is providing world-class care, in our gem of a hospital, located in the heart of the Monadnock Region.



Peter L. Gosline President and CEO



Róbert L. Edwards Chair, Board of Trustees

Highlights of 2012

### January

Our donors' generosity really adds up.

The Parmelee Society, a group of community members who have chosen to include MCH in their estate plans, celebrates the addition of of new members, bringing the total number of members to 85!



### February

Making kids smile

MCH celebrated National Children's Dental Health Month with a "Healthy Teeth to Toes" initiative that included outreach to all

medical practices at the Hospital that refer children and families in need of assistance with dental and wellness care. Each year, we help over 1,600 children get access to quality dental and medical care through this program.

### March

### Can we give you a lift?

In spring 2012, MCH emergency transport services became faster and more efficient than ever! Thanks to the



Town of Peterborough, extra paramedics and ambulances have been added to serve our community. Helicopter transport has also become more convenient because one of the Dartmouth-Hitchcock Advance Response Team (DHART) helicopters is now in Manchester—just 16 minutes away by air!



Smiling faces, helping hands, kind hearts. For Volunteer Week 2012.

we assembled some of our 100+ volunteers for a group photo. MCH is always welcoming new volunteers—what about YOU?



In May, the American Heart Association recognized MCH as a platinum-level "Fit-Friendly Company" for our many programs supporting employee health and wellness. MCH is proud to provide employees a wide range of workplace opportunities for physical activity, healthy eating options and wellness education.

### June The fine art of healing

In June, MCH gave new meaning to the term "healing arts" with the opening of the Healing Arts Gallery. In this bright, airy space, patients, employees and families can enjoy

original works of art by some of the region's most talented painters, weavers, sculptors and more.



### July Season's eatings

What could be healthier than ripe fruits and vegetables—fresh from the farm? From May to October, the Fresh Chicks Farmer's Market came to the MCH campus, bringing baskets filled with peas, lettuce, tomatoes, squash and berries—plus homemade breads, jams, pickles and even fresh eggs! Staff, patients, families and the community welcomed the chance to pick up healthy, delicious food.



### October

MCH Care Bears take the gold!

The MCH Care Bears took first place honors in the mixed group category in the 2012 Reach the Beach Relay run. The

Reach the Beach (RTB) Relay is recognized by athletes as the premier relay series in the United States. Teams are challenged to run 200 miles in 24 hours—a true test of athletic ability and endurance. Our Care Bears (an elite group of MCH doctors, nurses and staff members) trained hard and ran a great race.

### November

### Welcome, Dr. Knowles

The surgical team at MCH expanded in 2012 with the addition of Dr. Robert Knowles. Dr. Knowles is a board-certified surgeon and a recognized trailblazer in the field of minimally invasive and singleincision surgery. He lives in Peterborough with his family.

### August

**Baby Friendly** 

In August 2012, MCH completed some key milestones in its quest for certification from **Baby Friendly** USA. The Baby Friendly initiative,

a joint project of UNICEF and the World Health Organization, establishes a "gold standard" of breastfeeding education and support. MCH provides a wide range of birthing options, maternity and infant care, parent education, breastfeeding support and well-baby care.

## September MCH scores a winner.

Score! In September, USA Hockey team physician Dr. Douglass Weiss signed on to join Dr. Ronald Michalak, Dr. Shawn Harrington, and



Dr. Terrence McNamara at Monadnock Orthopaedic Associates. Dr. Weiss specializes in arthroscopy, trauma and fracture care, as well as tendonitis, hand/wrist and nerve surgery.

### December

Survey ranks MCH a top New England hospital.

In a ranking of New England's Best Hospitals Rated By Patients, MCH ranked #13 out of 176 hospitals! To rank New England's best hospitals, the website GoLocal analyzed more than 50,000 results from a survey conducted by the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS). MCH scored high in virtually all categories, including patient care and satisfaction.



### "We have a treasure in this community." -Joe Hart

Joe and Lin Hart's connection to Monadnock Community Hospital stretches back to the 1970s, when the young Harts were raising a family in Peterborough.

"All of our children were born at MCH," Joe recalls. "And of course with five kids, we did have to make a few trips to the hospital now and then!"

In 1996, Joe joined the MCH Board of Trustees. "I wanted to help the Hospital grow," he says. "Both Lin and I believe that having a great local hospital is extremely important to the people who live in our community." In 2012, four years after retiring from running a 38-strong chain of convenience stores and a gas distributorship, Joe was diagnosed with colon cancer.

"Our friends and family encouraged us to go to Boston or Dartmouth," Joe recalls. "We consulted with a cancer gastroenterologist at Dana Farber. He told us that if I wanted to have the surgery close to home, that was the best choice."

Joe's primary care physician, Dr. Scott Jaynes, recommended Robert Knowles, MD. A relatively new addition to the MCH staff, Dr. Knowles left a large surgical practice in Norfolk, Joe and Lin Hart with Robert Knowles, MD

Virginia, for the opportunity to work in a smaller community where he could be more personally involved in caring for patients.

"Dr. Knowles was wonderful," says Joe. "He's a skilled surgeon, confident yet compassionate. He was patient and thorough while answering our many questions and explaining options and procedures. He was responsive and accessible. We can't say enough about the good care we received from Dr. Knowles and the entire MCH staff. We feel fortunate to have such a treasure in our community."

## There's nothing more reassuring than a doctor who listens.

Fay Migotsky, MD, of Rindge Family Practice and patient Mark Stevens

A few years ago, Mark Stevens found himself in a quandary. He'd just been diagnosed with a mitral valve disorder—a serious condition that needs monitoring.

Knowing that he would need to establish a doctor-patient relationship he could rely on, Mark became a patient of Dr. Fay Migotsky of Rindge Family Practice, an affiliate of Monadnock Community Hospital.

For the next year, Dr. Migotsky monitored Mark's health and sent him for regular echocardiograms. And when his health worsened in April of 2011, Dr. Migotsky and Mark's cardiologist wasted no time. They immediately scheduled him for open heart surgery at Catholic Medical Center which, according to Mark, saved his life.

"If it wasn't for Dr. Migotsky, I would not be here today," says Mark. "She's responsive and proactive—and she really listens."

"I just had my first grandchild this spring," he adds. "And it's great to know I'll be around to watch her grow."

## Everything we do revolves around our patients.

People come to Monadnock Community Hospital for many reasons, but it's our staff that sets us apart. Whether you're here for a lab test, a scan, a routine procedure or major surgery, you're a VIP to us—with your own support team. Here are just some of the people who are here to make your visit as pleasant and successful as possible.



Adell Earley
DIETARY SERVICES

Adell helps the MCH dietary department prepare and serve about 300 meals each day. These include both regular and special diets such as vegetarian, gluten-free and low fat offerings for our patients, staff and visitors.



### Deborah Morris, BS, MT, (ASCP) LABORATORY ASSISTANT MANAGER

Need blood work or other types of diagnostic testing? Deborah helps manage the MCH laboratory and our highly-trained team of certified phlebotomists and medical technicians.



Robert Knowles, MD GENERAL SURGEON

Dr. Knowles is a board-certified general surgeon and a recognized trailblazer in the field of minimally invasive and single-incision surgery.



### Ginny Cefole ENVIRONMENTAL SERVICES TECHNICIAN

Shining floors, spotless windows, sanitized surfaces—cleanliness is critical to MCH, and housekeepers like Ginny are the reason our hospital sparkles.



Charles Marvin Patient



Anna Brown, RT(R)(CT) CT TECHNOLOGIST

When you need an MRI, CT scan, Ultrasound, or Mammogram, you can count on Anna and the MCH radiology team to provide you with the most advanced technology, convenient scheduling and personal care.



### John Adams VOLUNTEER

Every day, volunteers like John help make your experience at MCH more pleasant and positive. You'll find their smiling faces in our gift shop, visiting patient rooms, helping in the Birthing Center, behind our reception desk and many other places throughout the Hospital.



### Pia Benet, RN OPERATING ROOM

Pia is one of more than 170 nurses at MCH—highly skilled professionals who have made caring their career. These amazing men and women are the front line of care here at MCH.

## From doctor to patient to volunteer: Sandhy Kale's Story

Dr. Sandhy Kale knows Monadnock Community Hospital better than most people. That's because she's experienced our Hospital from three very different perspectives.

Her first connection with MCH was as an emergency room physician. Sandhy came to Peterborough from a busy New York City hospital. She loved the "pleasant, welcoming atmosphere at MCH" and the opportunity to work more closely with patients.

In 2006, Dr. Kale retired from medical practice. Six years later, she found herself back at MCH—this time as a **patient**. "I had a bad ankle fracture and was taken by ambulance to the emergency room." The ER staff at MCH was just as professional and efficient as she remembered.

> "I was lucky to have Dr. Michalak and Kevin Costello, PA-C, operate on my ankle," says Sandhy. "Their professionalism, knowledge and surgical skills are commendable. I also appreciated the various ancillary services such as occupational therapy, physical therapy, and social services. I had a very positive experience as a patient!"

> > Last year, Sandhy reconnected with MCH in a third capacity—this time as a **volunteer** for Day Surgery. For her, volunteering is a labor of love.

"I care for our hospital a lot. MCH has changed my life for the better—and gives me a reason to get up and go!"



### A great team makes all the difference.

Here at Monadnock Community Hospital, we have many dedicated professionals on staff—including some of the top doctors and nurses in the Northeast. But what makes MCH truly exceptional is the way all these individuals work together to ensure the best outcomes for our patients. Teamwork is the foundation for the excellent care here at MCH—it's what many patients appreciate and remember most.

Recently we received a glowing testimonial from the family of a 99-yearold patient, praising Dr. Douglass Weiss, an MCH orthopedic surgeon, as well as the surgical, ICU, and nursing staff, for successfully treating their mother so she was back home just five days after her operation—with our whole team cheering for her recovery.

"We are deeply impressed with and thankful for the quality of care—the professionalism, compassion, attentiveness to little details —available at Monadnock Community Hospital. "

—The Rowe Family

## High tech solutions for a healthier community

Your support helps us to continually invest in technology and expertise. Recently, Monadnock Orthopaedic Associates introduced two new surgical options that deliver dramatically improved results for patients.

### TruMatch Personalized Solutions for Knee Replacement

The TruMatch Personalized Solution for knee replacement uses a three-dimensional computerized scan of a patient's leg to create customized surgical guides, ensuring optimum positioning and placement of the replacement joint. "With TruMatch, we can position and align the replacement joint so that the knee will wear evenly and remain stable," says orthopaedic surgeon Dr. Ronald Michalak.

### Anterior Approach Hip Replacement Surgery

Unlike traditional hip replacement surgery, this technique allows the surgeon to work between muscles and tissues without detaching them from the hip or thigh bones.

## Volunteers are love in motion.

Where would we be without our volunteers? These enthusiastic, caring folks are every bit as important to MCH as our medical, other clinical, and non-clinical staff. Year in and year out, their dedication helps us provide the highest levels of comfort, care and personal attention to our patients and staff.

MCH Volunteers (l. to r.) Dorothy Segall, Art Flick and Gwyn Baldwin "I'm excited about the anterior approach to hip surgery because it can mean less pain, faster recovery and improved mobility for my patients," says Dr. Michalak.

"It's extremely gratifying to be able to offer these new technologies to our patients," says Dr. Michalak. "Not many small hospitals can do all the amazing things we do here in Peterborough." Ronald Michalak, MD

**10,001 + Hours** Peg McLeod

5,001 - 10,000 Hours Marcia Pettee

**4,001 - 5,000 Hours** Bradley Farnham

**3,001 - 4,000 Hours** Francesco Carrara

### 2,001 - 3,000 Hours

Carol Farnham Arthur Flick Charles Marvin Joyce Nelson Jean Peters Nahida Sherman

#### 1,001 - 2,000 Hours

Anonymous John Adams Constance Boyd Wilfred Brassard Lucille Dube Margaret Flick Joan Hawkins Gary Lambert Dorothy Segall Clay Sherman Ardelle Somero Chester Soule Priscilla Ward

### 501 - 1,000 Hours

Sandra Benotti Catherine Boyle Cyndy Burgess Josephine Carrara Dianne Chatfield David Collins James Dodge Sally Fisher Mary Carol Grip Randy Gustafson Bea Gustavson Pat Justus Sandhya Kale Maureen Karr Amy Pfeil Dale Russell Shirley Sherk

### 1 - 500 Hours

Paula Amrich Debra Anderson Carol Angus Arnie Antak David Arsenault Gwyn Baldwin Jean Barden Ruth Barker Libby Barnett Connie Bastille Megan Bishop Bob Borsari Beverly Boyer Chris Brown Mileva Brown Ali Bunker Jan Buonanno Casey Burgess Avery Campbell Eleanor Cappa Kaysie Castor Sarah Chatfield-Seaver Dennie Chenoweth Diane Cherwin Nancy Clarke Jarvis Coffin Ruth Comerfield Carole Connor Valerie Connor Bea Corriveau Mary Craig Tricia Cravedi Johanna Creeley Crotched Mountain Elizabeth Dalphond Marcia Davis Zackery Dean Cady Dodge David Dodge Judy Edelkind Jessie Elliott Lee Errickson Pat Fairchild Kathryn Farrington Janet Fiedler

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Linnea and Samuel Zachos

## Parmelee Society

The Parmelee Society recognizes individuals who have included MCH in their will or estate plan. Your will is an opportunity to honor the people and organizations important in your life. Please consider making a specific provision for Monadnock Community Hospital. If you have already made a provision in your will, please let us know so that we can honor you as a member of our Parmelee Society.

A gift of any size qualifies you for membership. It is not necessary that you give us a copy of your will or even tell us what your specific plans are. Your good word is all we need. To learn more, please contact:

Laura Gingras, CPA VP of Philanthropy (603) 924-4666 Laura.Gingras@mchmail.org Sadie Jackson, CFRE Philanthropy Manager (603) 924-4682 Sadie.Jackson@mchmail.org

### Parmelee Society Members As of April 2013

Anonymous (4) Mr. John H. Adams Mr. and Mrs. Frank M. Almeida Mr. Theodore S. Bacon, Jr. Audrey B. Carvalho Dr. Richard S. Carvalho LeeAnn Clarke Nancy C. Clarke Claudia Cleary-Nichols and Derick Nichols Robert and Melinda Condon Mrs. Jeanne T. Cook Mr. and Mrs. Theodore B. Covert Mr. and Mrs. John J. Cronin III George Duncan Phyllis and Joseph T. Ferry, Jr. Anne Sharples Frantz Laura A. Gingras and David C. Fish

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## Living in our memories

We honor and remember the generosity of all those no longer with us who included MCH in their will or estate. These legacy gifts, regardless of size, reflect the significant value our community places on local, quality health care.

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# The legacy of Tony and Midge

"It's important to Tony and me to make sure the Hospital is there for generations to come. So by giving to MCH, we can really help everyone in the community."

Dr. and Mrs. Joseph G. Gosling ("Tony and Midge" to their friends) were two of the generous benefactors behind MCH's new surgical center. And true to their natures, they chose to name the new center not after themselves, but after their dear friend, David L. Knight, DMD.

Tony Gosling passed away in March of 2010 and his beloved Midge in January of 2013, but their spirit of caring is vibrantly alive at MCH.

### Create your own legacy of caring

Are you interested in creating a lasting and meaningful legacy? A gift to MCH is a gift to our entire community—and to generations yet to come. To learn more, please contact:

Laura Gingras, CPA VP of Philanthropy (603) 924-4666 Laura.Gingras@mchmail.org

Sadie Jackson, CFRE Philanthropy Manager (603) 924-4682 Sadie.Jackson@mchmail.org

To Honor and

One of the most beautiful and meaningful ways to honor or remember someone you love is through a gift to Monadnock Community Hospital.

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Tom Badgley's Mom and Dad **Rochelle Benoit** Frank and Jean Berry Zane T. Broome, DDS Dr. and Mrs. Peter M. Cerroni The Clement Family Christine J. Cloutier Family Care and Dr. Richard Frechette Edmond and Claire Gingras Peter Gosline Mr. and Mrs. Alexander Kelley David R. Levene, MD The Entire MCH Hospital Staff Dr. Gregory Neilley Emily and Alex Patnode Brianna and Adam Pillsbury Kathryn H. Richardson Anna Ruelle, DPM Ann Sampson's Retirement from MCH Ignaz Semmelweis The Snellman Family Members Stacey Morton Spencer Steven and Annissa Dmitry Tarasevich, MD Veterans of All Wars

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Through their years of generous support, these benefactors have each made significant gifts to MCH.



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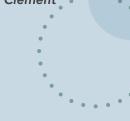
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is the extension of human kindness.

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### 2012 FINANCIAL STATEMENT

	idated Statement of Revenues penses (in thousands)	2012	2011
REVENUES			
Billed fo	or services to our patients	\$120,748	\$118,996
Other operating revenues		\$2,309	\$2,336
Received from other sources		\$985	\$1,132
Total Sources		\$124,042	\$122,464
Amounts billed but not received:			
Amoun	Under government and commercial contractual agreements	\$44,150	\$43,853
	From patients unable to pay (charity care)	\$2,945	\$3,194
	Provisions for bad debt	\$4,272	\$3,743
	Therefore, we actually received revenue	Ψ+, Ζ / Ζ	ψ0,7 40
	from patient care and other services of	\$72,675	\$71,674
COSTS			
Our costs included amounts:			
	To pay our employees	\$39,313	\$37,587
	To pay our suppliers and vendors	\$24,400	\$23,131
	To fund depreciation and pay interest on debt	\$6,476	\$5,873
	To pay New Hampshire Tax on Hospitals	\$4,390	\$3,169
	Resulting in total costs for patient care and other services	\$74,579	\$69,760
MARGIN	The excess of amounts received over costs for the year is used to expand services to our community, to improve facilities and to pay back debt	(\$1,904)	\$1,914
Key Statistics, Actual			
Key Sta	Admissions	1,377	1 /15
	Births	312	1,415 322
	Emergency Room Visits	14,805	14,187
	Surgical Cases	1,520	1,641
	Endoscopy Procedures	1,320	1,041
	Imaging Exams	30,748	30,687
	Lab Tests	204,279	206,526
	Physical, Occupational, and Speech Therapy		
	The Bond Wellness Center Members	39,652	42,838 1,537
	Physician Practice Visits	1,499 122,272	1,537
	Thysicial Fractice Visits	132,373	124,417





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